

# SEWARD OPTIMIST CLUB JULY 4<sup>TH</sup> RUN/WALK

10K (6.2 Mile) Freedom Run & 2-Mile Fun Run

Walkers Welcome Too!

July 4, 2019 at 7:00 AM



- Check-in/Package Pick-up starts at 6:00 a.m., race begins at 7:00 a.m.
- Seward Municipal Pool – under the fairground arch  
167 14<sup>th</sup> St. (Intersection of Seward & 14<sup>th</sup> St.) Seward, NE
- Showers & Restrooms Available • Post Race Fruit Bar
- Race timed with Champion Chip Technology provided by Precision Race Results of Omaha
- Online Registration & Payment Available at [www.GetMeRegistered.com](http://www.GetMeRegistered.com)

## CASH PRIZES!

### PRIZES & MEDALS

- 10K Run: \$100 prize to male and female winners, \$50 to second place winners
- 2-Mile: \$50 prize to male and female winners, \$25 to second place winners
- Top 3 winners in each age category for male and female receive medals

***ONLY individuals registered online by June 20, 2019 will get a race t-shirt!***

### Entry Fees:

#### 10K (6.2 MILE) RUN

\$25 before June 20, 2018

\$35 June 21 through July 3, 2018 @ 9:00 pm

#### 2-MILE RUN

\$15 before June 20, 2018

\$25 June 21 through July 3, 2018 @ 9:00 pm

#### Age Classes for Male & Female Participants:

10 & Under	Age 11 – 13	Age 14 – 18	Age 19 - 23
Age 24 – 29	Age 30 – 39	Age 40 – 49	Age 50 - 59
Age 60 – 64	Age 65 and older		

**CHILDREN 10 YEARS AND UNDER  
ARE FREE FOR 2-MILE RUN WITH  
PAID ADULT REGISTRATION**

**FAMILY DISCOUNTS AVAILABLE THROUGH JUNE 20TH**

No Pets Allowed!

**A portion of the race proceeds go towards administrative expenses.**

Last day to register is July 3<sup>rd</sup>, 2019 by 9:00 p.m. (online only).

**NO RACE DAY REGISTRATIONS**

Online Registration at: [www.GetMeRegistered.com](http://www.GetMeRegistered.com)

